

University of Northern Colorado
APCE 619: Practicum II in Individual Counseling
Spring 2015
Course Syllabus

Instructor: Susan C. M. Crane, Psy.D., LP **Class Times:** Every-other Monday 6:00PM -9:00PM
Office: Lowry campus rooms
[usually room 241] **Email:** Susan.Crane@childrenscolorado.org
Phone: 720-777-2932 **Office Hours:** NA
Course Dates: 1/11/16—3/18/16

Doctoral Supervisor(s): TBD

Prerequisite: Please refer to the Practicum II *Eligibility Verification* form [pre-requisites and co-requisites vary depending upon major and setting]. This form must be submitted to Dr. Crane to start preparing for Practicum. The Practicum II manual is located on the UNC website.

Course Description:

Practicum II is a field-based experienced and viewed as a transitional experience to be completed after successful completion of Practicum I and prior to registering for, and completing of Internship hours.

Course content includes direct instruction on core and advanced counseling skills, practice of core skills, supervision of counseling activity, and individual and group feedback. Students will have the opportunity to learn and develop counseling skills, initial diagnostic competencies, and client/student record keeping in an agency or school setting.

Text(s):

Required: Practicum II Policy and Procedure Manual

Recommended: American Psychiatric Association (2000). *Diagnostic and statistical manual of mental disorders*, (Revised 4th ed). Washington, DC: Author.

40 Techniques Every Counselor Should Know (2nd Edition) (Merrill Counseling) by Bradley T. Erford (2014)

Knowledge & Skill Outcomes (Objectives):

1. To learn and develop individual counseling skills
2. To learn and develop intake skills, including data collection and initial assessment
3. To further formulate a personal theory of counseling
4. To receive supervision on issues related to client, agency, professional and interpersonal issues
5. To follow the American Counseling Association (ACA) ethical guidelines
6. To formulate a treatment and evaluation plan

Course Content: This course is designed for students to partially meet the CACREP 2009 Standards requirements for the completion of a supervised practicum experience. Throughout this experience, the student will receive individual or triadic supervision and group supervision on a weekly basis. Course content includes direct instruction on core and advanced counseling skills, supervision of counseling activity, and individual and group feedback. Students will have the opportunity to learn and develop counseling skills, professional skills, diagnostic competencies, client record keeping, and the formation of treatment plans through supervised field-based experiences.

Methods of Instruction: Students will engage in group and individual supervision activities geared toward integration and application of essential (basic and advanced) counseling skills. Students will engage in case presentations, review of audio or video taped sessions, self-evaluation of skills, treatment planning, and case conceptualization.

Course Requirements/Assignments:

1. Attend all class meetings.
2. Prepare for, attend, and fully engage in all supervision sessions.
3. Provide appropriate feedback to fellow class members in group supervision.
4. Maintain a complete and up-to-date clinical record for each client in accordance with the regulations of your practicum site.
5. Begin to articulate a personal theoretical orientation and discuss its application to setting/clients.
6. Demonstrate appropriate counseling skills equivalent to a master's level counselor.
7. Complete assigned readings and assignments prior to class meetings.
8. Actively and constructively participate in class discussion and group supervision meetings.
9. Follow all ACA ethical guidelines
10. Accept and use supervisory feedback to improve counseling effectiveness.
11. Reflect on and critically evaluate in-session counseling behaviors.
12. Demonstrate awareness, knowledge and skills in counseling clients who are culturally different, including racial, ethnic, gender, sexual orientation or socioeconomic differences.
13. Provide informal and formal case presentations to class during group supervision. The formal case presentation will be scored with a standardized rubric and included in students' annual evaluation data.
14. Complete 3 self-evaluation forms after reviewing 3 different counseling sessions. The self-evaluations will be scored with a standardized rubric and included in students' annual evaluation data.
15. Present on a professional article which pertains to your clinical setting. [Provide copies of the article to 619 peers and instructor at least 1 week before presentation & facilitate a discussion on the article in group supervision.]

NOTE: All students are expected to enter practicum with knowledge of the American Counseling Association ethical standards. In particular the ethical standards associated with client confidentiality rights and limitations and protection of client records. Students are expected to act in an ethical manner at all times. If an ethical dilemma arises, students are required to notify the site supervisor, the instructor, or one of the doctoral supervisors immediately. Violations of the ethical standards *may* result in failure of the course or dismissal from the program.

Grading: This course is graded on an S/U basis. Students will receive feedback on their counseling and professional behaviors. The instructor will decide on the final grade after careful consideration of feedback from all evaluation sources (e.g., site supervisor, doctoral supervisor, group supervision, and classroom participation/interactions). *Final grades will be based on counseling skills, participation in class discussions, completion of case notes, client conceptualization abilities, treatment planning and professional behavior.*

General Expectations: You are expected to be at *all* scheduled class sessions. While some events are unavoidable, *it is imperative that you attend all class sessions*. Therefore, requests to leave early or miss sessions are strongly discouraged.

Proof of Student Insurance: All students are required to provide proof of liability insurance prior to seeing clients. Failure to provide this documentation will result in not being able to see clients and therefore not completing the course requirements. Please note, insurance is now free to student members of ACA. Please bring proof of insurance to the first day of class.

Academic Conduct: Cheating on examination, submitting work of other students as your own, or plagiarism in any form will result in penalties ranging from an “F” on an assignment to expulsion from the University.

Student Handbook: <http://www.unco.edu/dos/handbook/index.html>

Professional Conduct: Students are expected to adhere to the appropriate code of ethics for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

Accommodations Statement: Students who believe that they may need accommodations in this class are encouraged to contact the Disability Support Services, voice/TTY (970) 351-2289, or fax (970) 351-4166, or visit www.unco.edu/dss as soon as possible to ensure that accommodations are implemented in a timely fashion.

Diversity Statement: The College of Education and Behavioral Sciences (CEBS) supports an inclusive learning environment where diversity and individual differences are understood, respected, appreciated and recognized as a source of strength. We expect that students, faculty and staff within CEBS will be accepting of differences and demonstrate diligence in understanding how other peoples’ perspectives, behaviors, and world views may be different from their own. Furthermore, as stated by UNC, “The University will not engage in unlawful discrimination in...educational services against any person because of race, religion, gender, age, national origin, disability, or veteran status. It is the University’s policy to prohibit discrimination in...educational services on the basis of sexual orientation or political affiliation.”