

University of Northern Colorado
School of Applied Psychology and Counselor Education
APCE 619: Practicum II in Individual Counseling
Summer 2018
Course Syllabus

Instructor:	Dr. Hannah Davis, PhD, LPC	Class Times:	Mondays 6 – 9 PM
Email:	Hannah.Davis@unco.edu		May 7 th
Phone:	(720) 432-7690		May 21 st
Office	13659 E. 104 th Ave Suite 800		June 4 th
Office Hours:	Commerce City CO 80022		June 25 th
Doctoral	By Appointment		July 9 th
Supervisors:	TBD		Weekly supervision scheduled with doctoral supervisor as arranged.

Prerequisite: Please refer to the Practicum II *Eligibility Verification* form as pre-requisites and co-requisites vary depending upon major and setting. This form must be submitted to Dr. Kreider to begin preparing for Practicum. The Practicum II manual is located on the UNC website.

Course Description:

Practicum II is a field-based experience and viewed as a transitional experience to be completed after successful completion of Practicum I and prior to registering for, and completing of Internship hours.

Course content includes direct instruction on core and advanced counseling skills, practice of core skills, supervision of counseling activity, and individual and group feedback. Students will have the opportunity to learn and develop counseling skills, initial diagnostic competencies, and client/student record keeping in an agency or school setting.

Text(s):

Required: Practicum II Policy and Procedure Manual

The Complete Adult Psychotherapy Treatment Planner. Jongsma, Peterson & Bruce. John Wiley & Sons. 2014. ISBN-13: 978-1118067864

Recommended: American Psychiatric Association. *Diagnostic and statistical manual of mental disorders*, (current edition). Washington, DC: Author.

Knowledge & Skill Outcomes (Objectives):

1. To learn and develop individual counseling skills
2. To learn and develop intake skills, including data collection and initial assessment
3. To further formulate a personal theory of counseling
4. To receive supervision on issues related to client, agency, professional and interpersonal issues
5. To follow the American Counseling Association (ACA) ethical guidelines
6. To formulate a treatment and evaluation plan

Course Content: This course is designed for students to partially meet the CACREP 2009 Standards requirements for the completion of a supervised practicum experience. Throughout this experience, the student will receive individual or triadic supervision and group supervision on a weekly basis. Course content includes direct instruction on core and advanced counseling skills, supervision of counseling activity, and individual and group feedback. Students will have the opportunity to learn and develop counseling skills, professional skills, diagnostic competencies, client record keeping, and the formation of treatment plans through supervised field-based experiences.

Methods of Instruction: Students will engage in group and individual supervision activities geared toward integration and application of essential (basic and advanced) counseling skills. Students will engage in case presentations, review of audio or video taped sessions, self-evaluation of skills, treatment planning, and case conceptualization.

Course Requirements/Assignments:*Attendance*

You are expected to be at *all* scheduled class sessions. While some events are unavoidable, *it is imperative that you attend all class sessions*. Therefore, requests to leave early or miss sessions are strongly discouraged.

Presence

Evening courses can be challenging for students and instructors. Maintaining mental and emotional presence during the experience is central to your success in this course. I highly recommend that you consider what will help you remain engaged throughout our class. Thoughtful questions, eating, drinking and moving around the classroom are all encouraged when appropriate. Surfing the Internet, answering emails, and completing assignments during class are not. I will do my best to maintain presence during our time together; I ask that all students do the same.

Openness

You are making the transition from directly observed clinical work, as in Practicum I, to self-reported clinical work. A vital part of your responsibility as a student in this course and as a

counselor-in-training is to be upfront and honest about your concerns and areas for growth. Each class there will be a check-in, and I expect you to bring up questions, concerns, and supervision needs during this time. You will get out of this experience only as much as you are willing to contribute.

Confidentiality

Due to the clinical nature of this course, all student discussion during class is to be treated as confidential. Discussion of anything shared by other class members outside of class is unacceptable. You may discuss your own personal experiences in the course, as long as you do not share clinical information shared in class.

Journal article

For this assignment, you will select a journal article relevant to the population or clinical issues you are working with at your site (e.g. trauma, CBT, adolescents, etc.). After reading this article, you will e-mail the professor at hannah.davis@unco.edu the following information in a bulleted list:

- APA-style citation for the article
- 1-2 sentences about why you selected this article
- 3-5 **concrete** clinical application suggestions from the article (e.g. “after reading this, I think it is important to assess for suicide when clients talk about feeling like a burden to others.” Or “this article highlighted that trauma is often ongoing, so it’s important to notice how ongoing trauma might be present for my clients by asking about threats to their safety such as ...”)

In class, you will present these suggestions briefly to your peers.

Treatment Plan and Case Conceptualization – Handout

After spending time reflecting on a particular client/student you are working with, it is helpful to receive feedback from the instructor and your peers about your work. Considering a client you are working with, you will create a brief (1 page) handout and *you will need to bring enough printed copies for all students and the instructor* for discussion.

The handout should include the following sections:

- Overview of Client Background: demographic information, salient aspects of the client’s history.
- Presenting Concern: what brought the client in for treatment?
- Systemic View: draw a genogram for the client. Also include information about other larger systems that may impact the client (e.g. school, community, legal, etc.)

- Questions for others: what are 3-4 questions you have about your work? Focus on areas where you feel stuck.
- Self-of-therapist: what is coming up for you with this client? What do you need from the group?

Treatment Plan and Case Conceptualization – Paper

You will complete a treatment plan and case conceptualization on a client with whom you are working at your Prac II site. This can be the same client on whom you presented your handout. This assignment follows the structure outlined in the Prac II manual, and is scored based on the rubric that can be found there. Some additional requirements specific to this course are as follows:

- Confidentiality
 - o Only use the terms “client” or “student” to refer to the client/student throughout the document. Do not use pseudonyms.
 - o Make sure the person’s name is not accidentally included.
 - o Do not reference your site by name in the document. Refer to “a residential treatment facility” “community mental health agency”, etc.
 - o Do not reference a specific town or city (e.g., Denver, Thornton, etc.). Instead, you can refer to a “city in the Western United States”.
- Professionalism
 - o This document will go in your student file. Ensure that it is a professional quality document with regards to spelling, grammar, and overall writing.
 - o The paper should be 3-5 single-spaced pages.
 - o Please use Times New Roman size 12 font.
 - o Anything included in this paper you should be comfortable sharing directly with the client/student/their family.

Self-Supervision Forms

Three self-supervision forms are to be completed over the course of the semester. Your doctoral students will provide feedback and will grade these on a rubric, which is included in the Practicum II handbook. The self-supervision forms will be due in your doctoral supervision during the weeks outlined in the course schedule below. These rubrics and completed forms will be submitted with your final paperwork.

Grading: This course is graded on an S/U basis. Students will receive feedback on their counseling and professional behaviors. The instructor will decide on the final grade after careful consideration of feedback from all evaluation sources (e.g., site supervisor, doctoral supervisor, group supervision, and classroom participation/interactions). *Final grades will be based on*

counseling skills, participation in class discussions, completion of case notes, client conceptualization abilities, treatment planning and professional behavior.

Course Schedule:

Date		Items due to Doctoral Supervisor	Items due to Dr. Davis
Week 1 5/7	Introduction to the Course Review Syllabus, Assignments, and Expectations Create Prac II Files		Proof of Liability Insurance (printed)
Week 2 5/14	No class meeting		Journal Presentations bulleted list (emailed by 5/18 at 5 pm)
Week 3 5/21	Check-in Crisis procedures Journal Presentations	Site visit scheduled	Crisis procedures at site (verbal report)
Week 4 5/28	No class meeting	Self-Supervision Form #1	
Week 5 6/4	Check-in Case Presentations 1 - 4		Case Presentation Handouts 1 – 4 (printed)
Week 6 6/11	No class meeting	Self-Supervision Form #2	
Week 7 6/18	No class meeting		
Week 8 6/25	Check-in Case Presentations 5 - 8	Self-Supervision Form #3	Case Presentation Handouts 5 – 8 (printed)
Week 9 7/2	No class meeting		
Week 10 7/9	Check-in Final Paperwork Review Check-out	Hours Log for signature	Final Treatment Plan and Case Conceptualization Paper (printed) Hours Log with ALL signatures Evaluation of Doctoral

			Student Student Evaluation Site Evaluation
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Academic Conduct: Cheating on examination, submitting work of other students as your own, or plagiarism in any form will result in penalties ranging from an “F” on an assignment to expulsion from the University.

Student Handbook: <http://www.unco.edu/dos/handbook/index.html>

Professional Conduct: Students are expected to adhere to the appropriate code of ethics for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

Disability Statement: Any student requesting disability accommodation for this class must inform the instructor giving appropriate notice. Students are encouraged to contact Disability Support Services at (970) 351-2289 to certify documentation of disability and to ensure appropriate accommodations are implemented in a timely manner.

Inclusivity Statement: The College of Education and Behavioral Sciences (CEBS) supports an inclusive learning environment where diversity and individual differences are understood, respected, appreciated, and recognized as a source of strength. We expect that students, faculty, administrators and staff within CEBS will respect differences and demonstrate diligence in understanding how other peoples' perspectives, behaviors, and worldviews may be different from their own.

Sexual Misconduct/Title IX Statement: The University of Northern Colorado prohibits and will not tolerate sexual misconduct or gender-based discrimination of any kind. UNC is legally obligated to investigate sexual misconduct (including, but not limited to sexual assault, sexual harassment, stalking, and intimate partner violence). If you disclose an incident of sexual misconduct to a faculty member, they have an obligation to report it to UNC’s Title IX Coordinator. “Disclosure” may include communication in-person, via email/phone/text message, or through in/out of class assignments. If you wish to speak confidentially about an incident of sexual misconduct, please contact the UNC Counseling Center (970-351-2496) or the Assault Survivors Advocacy Program (970-351-4040). If you would like to learn more about sexual misconduct or report an incident, please visit