COURSE OUTLINE

WEEK 1 – January 12 – January 18

READ:       Introduction
            Personality Assessment Notes (Found in Course Materials)

WEEK 2 – January 19 – January 25

READ:       Chapter 1: Sigmund Freud and Psychoanalysis

PERSONAL REFLECTION DUE:
            #1 In Assignment Link, Thursday, 1/22 by 12:00 noon

WEEK 3 – January 26 – February 1

EXAM 1 (Introduction, Online Notes, Chapter 1)

Available: Tuesday, 1/27
Due:        Friday, 1/30 by 12:00 noon

WEEK 4 – February 2 – February 8

READ:       Chapter 2: Carl Jung and Analytic Psychology

PERSONAL REFLECTION DUE:
            #2 The Shadow Thursday, 2/5 by 12:00 noon

WEEK 5 – February 9 – February 15

READ:       Chapter 3: Alfred Adler and Individual Psychology

PERSONAL REFLECTION DUE:
            #3 Life Goals Thursday, 2/12 by 12:00 noon

EXAM 2 (Chapters 2, 3)

Available: Tuesday, February 10
Due:        Friday, February 13 by 12:00 noon

WEEK 6 – February 16– February 22

READ:       Chapter 4 – Humanistic Psychoanalysis and Karen Horney

WEEK 7 – February 23 – March 1

READ:       Chapter 5: - Psychology of Women; the Relational Approach

WEEK 8 – March 2 – March 8

PERSONAL REFLECTION DUE
            #4 – Connections and Disconnections Thursday, 3/5 by 12:00 noon
WEEK 9 – March 9 – March 15

READ: Chapter 6: Erik Erikson and the Life Cycle

SPRING BREAK – March 16 – March 22

WEEK 10 – March 23 – March 29

READ: Web Chapter: Wilhelm Reich and Somatic Psychology

DREAM JOURNAL DUE – Friday, March 27 by 11:55 p.m.

WEEK 11 – March 30 – April 5

READ: Chapter 7: William James and the Psychology of Consciousness

EXAM 3 (Chapters 4, 5, 6, Web Chapter)
Available: Tuesday, March 31
Due: Friday, April 3, by 12:00 noon

WEEK 12 – April 6 – April 12

READ: Chapter 12: Abraham Maslow and Transpersonal Psychology

WEEK 13 – April 13 – April 19

READ: Chapter 13: Yoga and the Hindu Tradition

PERSONAL REFLECTION DUE:
#5 – Your Peak Experiences Thursday, 4/16 by 12:00 noon

WEEK 14 – April 20 – April 27

READ: Chapter 14: Zen and the Buddhist Tradition

WEEK 15 – April 28 – May 1

PERSONAL REFLECTION DUE:
#6 – The Letter Thursday, 4/30 by 12:00 noon

EXAM 4 (Chapters 7, 12, 13, 14)
Available: Tuesday, April 28
Due: Friday, May 1, by 12:00 noon