APEC 660: Psychological Consultation – Theory and Practice

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Course Credit: Three semester hours.

Text:

Optional Text:

Course Description:
Overview of consultation theory and practice. Mental health, expert, collaborative, behavioral and organizational models will be discussed and applied to problems in school/agency settings.

Knowledge and Skill Outcomes: upon successful completion of this course students will:

1. Have a general framework for understanding and practicing consultation (CACREP II G.5.f). This standard is assessed through examination, class presentation and evaluation of a consultation case.
2. Know models, methods and principles of program development and service delivery. (e.g. support groups, peer facilitation training, parent education, self-help) (CACREP CMHC.C.3). This standard is assessed through examination and class presentations.
3. Understand the range of mental health service-such as inpatient, outpatient, partial treatment and aftercare-and the clinical mental health counseling services network (CACREP CMHC.C.5). This standard is assessed through examination and class presentations.
4. Know models of program evaluation for clinical mental health programs (CACREP CMHC.I.2). This standard is assessed through examination and class presentations.
5. Know evidence-based treatments and basic strategies for evaluating counseling outcomes in clinical mental counseling. (CACREP CMHC.I.3). This standard is assessed through examination and class presentations.
6. Understand systems theory, models and processes of consultation in school system settings (CACREP SC.M.4). This standard is assessed through examination and class presentations.
7. Understand the ways in which student development, well-being and learning are enhanced by family-school-community collaboration. (CACREP SC.M.1). This standard is assessed through examination, class presentation and evaluation of a consultation case.

8. Know strategies to promote, develop and enhance teamwork within the school and larger community. (CACREP SC.M.2). This standard is assessed through examination and class presentations.

9. Understand systems theories, models and process of consultation in school system settings. (CACREP SC.M.4). This standard is assessed through examination and class presentations.

Course Content:
This course is an introduction to the theory and practice of consultation. Course content includes the history, definition, fundamentals of consultation, models of consultation (i.e. mental health, behavioral, solution-focused, etc.), consultation stages, consultant skills and characteristics, consultee variables, consultation with parents and teachers, legal and ethical issues regarding consultation.

Course Requirements:

1. A final exam will be due at the end of the course.

2. Students will turn in an audio recording (or video recording if feasible) of a consultation session with a therapist, teacher, parent, or another consultee (with instructor's approval). The session should be between 20 and 30 minutes in length and should involve a real issue.

3. Students will be expected to present in class on a theory of consultation.

4. Students will be expected to attend all class sessions and participate in class discussions.

5. Additional Assignments (Optional – however, to receive above a B grade in this class, you must complete one of the additional assignment options listed below):

   A. **Research Paper** Choose a consultation topic of particular interest to you and write a paper. Use a minimum of 5 references including books and research publications. You may also be asked to briefly review your findings with the class. Due last weekend of class

   B. **Follow up consultation session and completion of feedback forms.** Complete a follow up session to your original (required) consultation session and complete and submit reflection forms for both sessions. Additionally, answer all final exam questions.
EVALUATION:

Grading

A  93% to 100% (+ research paper)
A- 90% to 92%  (+ research paper)
B+ 87% to 89%
B  83% to 86%
B- 80% to 82%
C+ 77% to 79%
C  73% to 76%
C- 70% to 72%
D+ 67% to 69%
D  63% to 66%
D- 60% to 62%
F  Below 60%

Academic Conduct:
Cheating on examination, submitting work of other students as your own, or plagiarism in any form will result in penalties ranging from an “F” on an assignment to expulsion from the University.

Professional Conduct:
Students are expected to adhere to the appropriate code of ethics for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

Accommodations Statement:
Students who believe that they may need accommodations in this class are encouraged to contact the Disability Support Services, voice/TTY (970) 351-2289, or fax (970) 351-4166, or visit www.unco.edu/dss as soon as possible to ensure that accommodations are implemented in a timely fashion.